



ALL ARE WELCOME TODOS SON BIENVENIDOS VŠETCI SÚ VÍTANÍ



FIRST SUNDAY OF LENT

FEBRUARY 18, 2024

MASS INTENTIONS SATURDAY 5:00 PM SUNDAY 8:30 AM SUNDAY 11:00 AM

WEEKLY SCHEDULE (Office Hours 9 AM - 1 PM Tuesday - Thursday)		
Tuesday, Feb. 20	9:00 AM Adoration; 10:00 AM MASS; 11:00 AM Prayer Shawl Ministry; 6:00 PM - 7:30 PM Food Pantry	
Wednesday, Feb. 21	9:00 AM Adoration; 10:00 AM MASS	
Thursday, Feb. 22	9:00 AM Adoration; 10:00 AM MASS; 6:00 PM - 7:30 PM Food Pantry	
Friday, Feb. 23	Church closed for cleaning in AM; 7:00 PM Stations of the Cross (Obligatory day of abstinence)	
Saturday, Feb. 24	4:00 PM - 4:50 PM Confessions; 5:00 PM MASS	
Sunday, Feb. 25	2nd Sunday of Lent - 8:30 AM MASS ; 9:30 AM Religious Education; 9:45 AM Spanish Rosary; 11:00 AM MASS	

Season of Lent

Like Advent, where we prepare for Jesus's birth at Christmas, Lent is also a liturgical season of preparation, as we get ready for Easter—the Church's greatest celebration.



And just like our weather seasons have unique characteristics, so too do seasons within the Church.

In contrast to Advent and Easter, Lent is more solemn. The sacrament of reconciliation–where we ask God for forgiveness–becomes more popular. It's a time when Christians and Catholics discover how to confess–and the power of God's forgiveness.

The <u>Stations of the Cross</u>, a tradition often taking place on Fridays during Lent, allow us to pray with Jesus. The station of the cross service is always at 7pm in the parish church.

More solemn songs replace celebratory hymns during Mass. Singing our most joyful hymns during Lent would be like throwing an outdoor pool party in the dead of winter: It just doesn't fit with the season.

Lent is far too important of a season to skip over or treat like any other time of the year.

The first day of Lent is always Ash Wednesday, in which we use ashes on our forehead in the shape of a cross to remember our own mortality and begin our journey of penance.

But the story of Lent begins in the Bible.

Lent: The Biblical Roots

Where does Lent come from? Lent draws its inspiration from the 40 days Jesus spent in the desert.

The Gospels tell us that after his baptism, Jesus fasted in the desert and then was tempted by the devil. He resisted these temptations and then went to Galilee to begin his public ministry.

Then the devil took him up to a very high mountain and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: 'The Lord, your God, shall you worship and him alone shall you serve." Then the devil left him and behold, angels came and ministered to him. Matthew 4: 8-11

What to Give Up for Lent

As Ash Wednesday draws near, many Catholics often find themselves wondering what they ought to "give up" for Lent.

Lenten sacrifices can be valuable if they help increase our reliance on Jesus and if the void we create by giving something up opens up space in our hearts for God to fill.

As much as we consider something to abstain from during Lent, we ought to consider what we can commit to as well. What outside actions can we take to better ignite the flame of our faith within us?

Prayer, Fasting and Almsgiving: The Three Pillars

Three key pillars characterize the Lenten season: prayer, fasting, and almsgiving (charity).

The <u>USCCB tells us</u> that during Lent, "we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice selfcontrol through fasting."

While most Catholics are familiar with "no meat on Fridays" during Lent, fasting and abstinence are important components throughout Lent. This may look like giving up things like gossip, your favorite coffee order, or forgoing music in the car and replacing it with prayer.

Almsgiving reminds us of Jesus's call to serve and connects us in solidarity with our brothers and sisters in need. This past vacation I visited Saint Joseph's Aid Society in Uganda which takes care of the poor, abandoned, neglected and orphans. It was so touching to see that the home lacks beds, mattresses, blankets, and sheets for many of these children. How about giving alms for this cause?

And lastly: Prayer. Formed is a great resource available free of charge for the parishioners to explore. Click on "FORMATION" on our website.

Lent: Liturgical Changes

Purple (or violet) is the color of the Lenten season and this is reflected in the vestments (chasuble) that a priest wears for most of Lent, starting on Ash Wednesday.

The "Gloria in Excelsis," normally sung in a celebratory manner, is omitted, as is the "Alleluia" normally sung before the Gospel. "Praise to you, Lord Jesus Christ, King of Endless Glory" often serves as the replacement.

These are subtle reminders to us that we are in the desert with Jesus, inviting God to work in us during this time of sacrifice.





Lenten Schedule

Every Friday, Feb 16th– March 22nd *Obligatory day of abstinence* 7:00 PM Stations of the Cross

Sunday, March 24th - Palm Sunday Regular Mass schedule for Saturday and Sunday

Thursday, March 28th **-Holy Thursday** 7:00 PM Mass 8:00 PM to Midnight Adoration of the Blessed Sacrament

Friday, March 29th -Good Friday *Obligatory day of fasting and abstinence* 2:15 PM Stations of the Cross 3:00 PM Veneration of the Cross



Saturday, March 30th - Easter Vigil 8:00 PM Saturday Mass

Sunday, March 31st - Easter 8:30 AM Sunday Mass 11:00 AM Sunday Mass

LITTLE BLACK BOOKS

Pick one or more up as you leave today. This is a wonderful 5-minute daily meditations for Lent.



Congratulations to all of our Polar Bear Plunge Participants! More than \$7,000 was raised for our food pantry! Thank you to the parishioners for the generous donations and support!

Travis Bingaman - \$1,810 Noah LaMontagne - \$1,010 Emily Kirtley - \$875 Adam Smith - \$855 Sarah Kirtley - \$775 Michelle Moore - \$685 Robert Bingaman - \$438 James Roberts - \$140



<u>Stations of the Cross</u> each Friday starting at 7:00 PM throughout the Lenten Season. There are books provided to follow along. Please considering joining with your Parish family to follow Jesus on his journey each Friday evening.

All are welcome and encouraged to attend!



FOR OUR EASTER CELEBRATION!

Saturday March 9th 8:00AM – 12:00PM <u>Rain or Shine</u>!

We really need your help! Sign-up Sheets are in the Narthex! **Thank You!**



WEEKLY MASS READINGS

19 FEBRUARY 2024 : **Leviticus 19:** 1-2, 11-18; **Psalms 19:** 8, 9, 10, 15; **Matthew 25:** 31-46

20 FEBRUARY 2024 : **Isaiah 55:** 10-11; **Psalms 34:** 4-5, 6-7, 16-17, 18-19; **Matthew 6:** 7-15

21 FEBRUARY 2024 : **Jonah 3:** 1-10; **Psalms 51:** 3-4, 12-13, 18-19; **Luke 11:** 29-32

22 FEBRUARY 2024 : Chair of Peter, Apostle Feast First Peter 5: 1-4; Psalms 23: 1-3a, 4, 5, 6; Matthew 16: 13-19

23 FEBRUARY 2024 : Day of Abstinence from Meat (Age 14 and Up) Ezekiel 18: 21-28; Psalms 130: 1-2, 3-4, 5-6, 7-8; Matthew 5: 20-26

24 FEBRUARY 2024 : **Deuteronomy 26:** 16-19; **Psalms 119:** 1-2, 4-5, 7-8; **Matthew 5:** 43-48

25 FEBRUARY 2024 : **Second Sunday Of Lent Genesis 22:** 1-2, 9a, 10-13, 15-18; **Psalms 116:** 10, 15, 16-17, 18-19; **Romans 8:** 31b-34; **Mark 9:** 2-10

Community/Diocesan Events



Welcome to the 2024 Annual Diocesan Appeal – Sharing His Love with Others

Recently, many of you received a letter from Bishop Knestout asking for your support of the 2024 Annual Diocesan Appeal. We hope you will prayerfully consider this request. For those of you who did not receive a mailing or have not had time to respond to it, <u>we will conduct our</u> <u>In-Pew Process at all Masses during the weekends of</u> February 17th/18th and February 24th/25th.

An important aspect of the Appeal is that all parishes receive back a portion of their funds collected to be used for important local priorities. Thank you in advance for your support of the 2024 Appeal.

Social Activities Committee St. Patrick's Day Family Dinner and Dance

March 16-Saturday, after 5 pm Mass - Music by our fabulous Leprechaun DJ Ron & Annette! Bring your family and an Irish dish to share. Start planning your Wearin' of the Green! Space is limited. If this sounds like something you would like to attend, please call or text Bette Moore 703-371-9400.





Pray for the Sick of our Parish



Amber Wilber Anderson, David Arnold, Rosemary Baez, Thad (Pete) Beach, Susan Bennett, The Biddulph Family, Robert Bingaman, Joe Blackburn, Jr., Emily Bolecek, John Bolecek, Maria Bridge, Theresa Buchanan, Emilynn Butler, Barry Carrington, Aiden Christensen, Daniel Clarke, Nancy Coffield, Jack Cook, Doreen Distensa, Brian Eckert, Levie Edmond, Eleanor Elletson, Jessica French, Andrew Fresler, Deacon Dave Geary, The Hannick Family, Laura Harris, Paula Hass, The Jayger Family, Alice Karkutt, Tony Ketrick, J. & Sketter Lambert, Deacon Frank Leaming, Nina Leaming, Barbara Litten, Dawn Long, Vikki Mahoney, Carly Max, Luke McFadden, Andrew Newchok, Peggy Opel, Eva Ortiz, Robert Pecht, Bill Pickett, Marge Polivka, Shirley Riden, Chole Rochester, Ritchie Rodebaugh, Elisa Rodriguez, Christina Russell, Victoria Russell, Beverly Schnarrs, Cindy Schwind, Marjie Schwind, Helen Simulcik, William Simulcik, Diane Sinlock, Isabel Sipe, Rodney Smith, Laurie Snowman, Linda Stanton, Barbara Storen, Ron Summers, The Taylor Family, The Townsend Family, Janie Wagner, Pedro Welsh, Bethany Wheaton, The Wheeler Family, Joan Williams, Judy Yanes

As always, prayer is an important way Catholics can respond to any crisis as we express our dependence on God. We ask parishioners to keep these people in mind in your daily prayers.

Names will be removed after 6 months. If you would like to add/remove someone to the Sick of our Parish list, please call Chris Nowark at 804-448-9064 or email her at office@ saintmarycc.org. Thank you. **GOD BLESS**

Bishop Knestout encourages anyone aware of sexual abuse of minors on the part of clergy or staff of our diocese to notify civil authorities, call the Attorney General's Clergy Abuse Hotline at 1-833-454-9064, and reach out to the Diocesan Victim Assistance Coordinator, Jennifer Sloan at 1-877-887-9603.

PARISH OFFICE

Office Hours: Tuesday, Wednesday & Thursday 9:00AM to 1:00PM Phone: 804-448-9064*Fax: 804-448-5464*Email: office@saintmarycc.org Rev. Alexander Muddu, Pastor	Food Pantry, Barbara & Don Logan
office@saintmarycc.org Pastoral Council Chairperson, <i>Jim Lepp</i> 540-841-2346 Finance Council Chairperson, <i>Tina Sebak</i> 540-842-4608	Sacraments of Baptism, Matrimony (a minimum of 6 months prepara- tion is typical), and Anointing of the Sick, or to receive a home visit or home blessing, Call the office at 804-448-9064.

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